

Magnesium ER Is Quickly Becoming the #1 Complete, Extended-Release Magnesium Product in America.



Full Spectrum
Formula



Gluten &
Soy Free



Vegan
Friendly



Satisfaction
Guaranteed

Magnesium Deficiency Puts You At Risk For Many Health Problems, Including:



Poor Sleep

Do you hit snooze on your morning alarm several times because you feel too tired to get up? Or have trouble falling asleep? Quality sleep is how the body repairs itself.

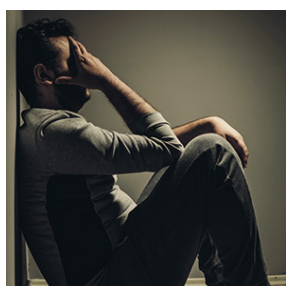
Magnesium helps relax muscles while quieting the mind, so you can fall asleep faster & stay asleep longer.*



Anxiety & Stress

According to the American Psychological Association, "chronic stress is linked to six leading causes of death".

Low magnesium levels intensify stress and stress depletes the body of magnesium. It's a vicious cycle! *



Complete Body Exhaustion

Our bodies use magnesium to turn food into energy and activate the ATP energy our cells use to function.

A lack of magnesium can make even the simplest everyday tasks seem impossible.*

If You Want to Sleep Better, Calm Stress, & Improve Overall Health...

**You Need Full-Spectrum
Magnesium ER**

What's in the Magnesium ER?

Magnesium ER is an extended-release formula made to work for everyone... to work with all of today's dietary challenges and the stress of today's day and age... and to provide all the necessary forms of magnesium for complete health. And it's highly absorbable while also being remarkably gentle. Plus! Unlike most magnesium supplements, this formula extends the magnesium is available and usable by the body.*



Magnesium Glycinate

To support long-lasting calm and relaxation. This form of magnesium promotes mental and emotional calm, as well as enhancing sleep quality.*



Magnesium Malate

Nourishes and recharges the body's muscles and internal battery and supports blood sugar control.*



Magnesium Taurate

This form of magnesium supports your heart and blood sugar regulation, as well as helping with anxiety and stress.*



Magnesium Orotate

While also helpful for the heart, this form is best for metabolism, physical recovery, and energy.*



Ionic Magnesium

This electrolyte form is the fastest absorbing. So you'll feel it working quickly. It's effective for cramps, low magnesium levels, and heartburn.*



Magnesium Citrate

Among the most bioavailable forms of magnesium, to help with constipation and gently keep everything moving.*



Magnesium Sucrosomial®

These magnesium molecules have a sucrosome structure that acts as a protector to increase absorption and bioavailability.*

Plus...



VegD3® Vitamin D3

Magnesium regulates key enzymes that convert vitamin D into the active form used by the body.*



Vitamin B6

Works with magnesium and B vitamins to support healthy metabolism and energy production.*



Fulvic Acid

Fulvic acid makes all of the ingredients work better by enhancing bioavailability and absorption of everything in Magnesium ER.*



Zinc

Zinc helps further support the cellular absorption of magnesium.*

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

	Amnt/Serv	% DV*
Magnesium (Elemental in these forms)	350 mg	84%
Magnesium Glycinate		
Magnesium Malate		
Magnesium Taurinate		
Magnesium Orotate		
Ionic Magnesium		
Magnesium Citrate		
Magnesium as Sucrocomial® Magnesium		
Vitamin B6 as Pyridoxal 5'-phosphate	1.7 mg	100%
Vitamin D3 (1000 IU)	25 mcg	125%
as VegD3® Vegan Cholecalciferol		
Zinc as Zinc Ascorbate	2.75 mg	25%
Fulvic Acid	50 mg	†

OTHER INGREDIENTS: Veggie Capsule

†Percent Daily Value not established.

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Check with your healthcare practitioner or supplement provider to purchase.

*These statements have not been approved by the Food and Drug Administration. This product is a dietary supplement and not intended to diagnose, treat, cure, or prevent any disease.